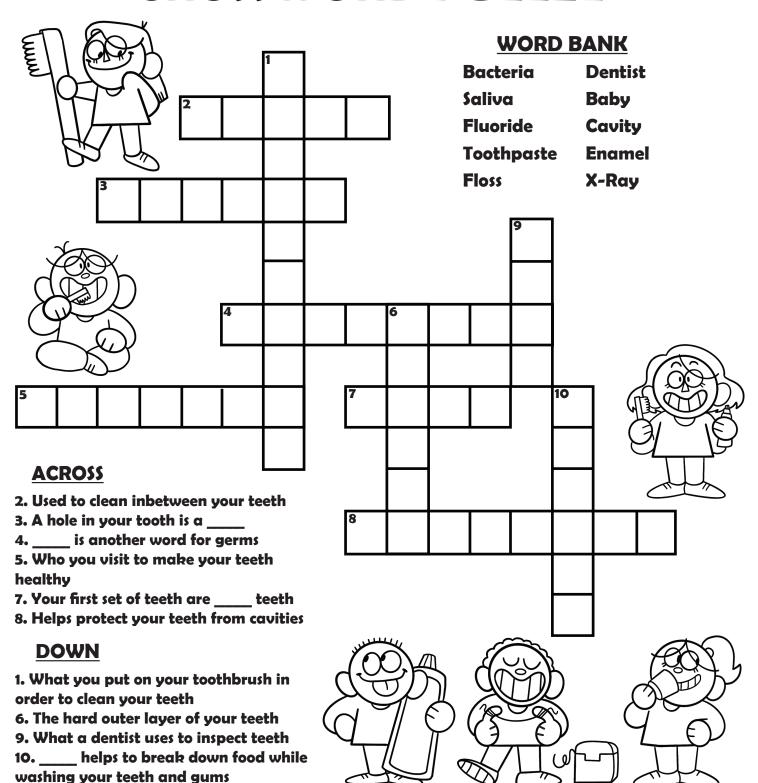
## **CROSSWORD PUZZLE**



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## February is National Children's Dental Health Month. Visit ADA.org/NCDHM2021 for activity sheets.

## **HEALTHY SMILE TIPS**

- Brush your teeth twice a day with a fluoride toothpaste.
- Clean between your teeth daily.
- ${\boldsymbol{\cdot}}$  Eat a healthy diet that limits sugary beverages and snacks.
- See your dentist regularly for prevention and treatment of oral disease.

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